

Learn the Secrets that have made the world's most successful people who they are today!



# “Unlock Your Inner Power to Live a Healthy, Happy, Prosperous, and More Fulfilled Life in just 12 Weeks!”

Are you experiencing mental and emotional blocks such as...

- Fears
- Anxiety
- Low Energy
- Stress
- Self-Doubt
- Lack of Focus
- Lack of Confidence

**Kristine Ovsepien M.A., C.Ht.**

Certified Hypnotherapist ~ Speaker ~  
Spiritual Counselor ~  
Certified Dream Builder Coach

Re-Discover Your Inner Power  
through this Transformation Program  
“Inspiring, Motivating, & Fun”

For over 7 years Kristine has worked with organizations and thousands of individuals, helping them build their dreams, accelerate their results, and create healthier, happier, more prosperous & fulfilling lives.

Kristine has appeared on several radio shows and shared the stage with world-renown authors and teachers such as Mary Morrissey and Dr. Cynthia Thaik.

As a sought after spiritual counselor, speaker and coach Kristine offers transformational workshops to many individuals and organizations.

**Kristine@JourneysToHeal.com**  
**(818) 605-0089 ~ (424) 253-4456**  
**www.JourneysToHeal.com**



**Our Program Consists of...**

**Group - (Valued at \$1,997) NOW \$997**

12 week group coaching calls to manifest...

- Inner peace and love
- Vision and purpose
- Personal and professional success and much more
- 3 week physical Detox program
- All materials (weekly exercises and CD's)

**Individual - (Valued at \$2,497) NOW \$1497**

12 week individual coaching calls to manifest...

- Inner peace and love
- Vision and purpose
- Personal and professional success and much more
- One 2 hour one on one hypnotherapy session with Kristine - to overcome mental obstacles (Valued at \$225)
- 3 week physical Detox program
- All materials (weekly exercises and CD's)



Name (first, last) \_\_\_\_\_

Business Name (optional) \_\_\_\_\_

Address \_\_\_\_\_

City/State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone # \_\_\_\_\_

E-mail address \_\_\_\_\_

Card # \_\_\_\_\_ Code \_\_\_\_\_ Expires \_\_\_\_/\_\_\_\_

Visa     AMEX     MasterCard

Signature \_\_\_\_\_